



Invitation / Announcement

Organizer:	Tauchsportclub Rostock 1957 e.V.	
Date:	08 th November 2025	
Competition Venue:	Neptunschwimmhalle Rostock;	
	Kopernikusstraße 17, 18057 Rostock	
	Germany	

<u>1. Pool</u>

50 Meter-Pool with six lanes and a constant depth of 2,10 meter. Temperature of water is 27°C. Electronic timekeeping.

2. Program

First Session

Saturday 08th November 2025

07:30 08:00 - 08:50 08:15 08:30 09:00 09:15	Entry Warm-Up Team leade Judges Mee Opening Beginning	-		
Wettkampf:	01	4 x 50m SF	MIXED	(2 female, 2 male)
	02	100m IM	male	
	03	100m IM	female	
	04	400m SF	male	
	05	400m SF	female	
	06	50m SF	male	
	07	50m SF	female	
	08	200m IM	male	Speed-Diving-Cup
	09	200m IM	female	Speed-Diving-Cup
	10	4 x 100m IM	male	
	11	4 x 100m IM	female	

Second Session

Saturday, 08th November 2025

14:00 bis 14:30 14:10 14:20 14:45	Warm-Up Team leaders Meeting Judges Meeting Beginning					
	12	4 x 50m AP	MIXED	(2 female, 2 male)		
	13	100 SF	male			
	14	100 SF	female			
	15	400m IM	male	Detlef-Meyer-Pokal		
	16	400m IM	female			
	17	50m AP	male			
	18	50m AP	female			
	19	200m SF	male			
	20	200m SF	female	Pokal d. OB		
	21	4 x 50m SF	MIXED	everbodys-relay		
	22	4 x 100m SF	female			
	23	4 x 100m SF	male			

ca. 18:30 estimated end of second session

Third Session

Saturday, 08th November 2025

Closing ceremony with banquet and party

- 20:00 Beginning
- 24:00 Estimated end





3. General regulations of the competition

- In addition to the regulations of the German Divers Federation (VDST) the international competition regulations of CMAS for finswimming are valid.
- The medical examination of every competitor has to be passed within the last 12 month.
- All bottles used in the competition area need a valid certification that is not older than 2,5 years. Maximum pressure is 200 bar. Refilling of bottles is possible.
 Please bring adapters with you, if you don't use DIN.
- One team consists of a maximum of five men and five women (max 10 competitors per team).
- One club can start with several teams.

4. Classification

Individual Races

- All competitors start in one category.
- Prizes will be given to the first, second and third competitor in every individual race.
- There are special prizes and cups for the best competitor in 200m SF women (Cup of the Mayor of Rostock), 400m IM men (Detlef-Meyer-Memorial Cup) and 200m IM (Speeddiving Cup).

Youth Categorie

- The best result for girls and boys (born 2007 and younger) will be honored with a cup.
- The best result will be calculated according the 1000-points-table (except competitions 11 and 12).

Overall Ranking

- The best competitor of each individual race will get into the overall ranking for their team.
- Points are given according CMAS-Points-Table. In relays the CMAS-Points will be duplicated. The everyone relay is <u>not included</u> in the ranking.
- The team with the most points at the end of the competition receives a challenge cup.

Do not forget to bring the cups of the last competition back (Cup of the Mayor of Rostock / Detlef-Meyer-Memorial Cup / the main competition cup)





5. Entry fee

- The inscription fee is 50,00 Euro for each team, 6,00 Euro for each individual race and 8,00 Euro for each relay.
- Paid fees for not-performed races will not be reimbursed, if there is no cancellation till the 05th of November 2025.
- All payments have to be done via bank transfer until the 06th of November 2025.
 Please provide team number + club name in the transfer text.

IBAN: DE70 1305 0000 0440 0006 96 SWIFT-BIC: NOLADE21ROS

6. Final enrolment

For the enrolment the organizer provides an electronical program together with the invitation. Please use the ew2-program. For enrolments in text form 20,00 Euro will be charged.

The final enrolment must be received by midnight of the **01st of November 2025** at the latest. Changes are possible till the **05th of November 2025 12:00 o´clock.** Enrolment address: <u>pokal@tsc-rostock.de</u>

The organizer requests the confirmation of participation (not final enrolment) via mail as well as the notification of the total number of the team members (athletes, supervisours and coaches) for further planning till the **28th of October 2025**.

7. Accommodation

Every club has to organise the accommodation and food by itself. (If you need help, let us know!)



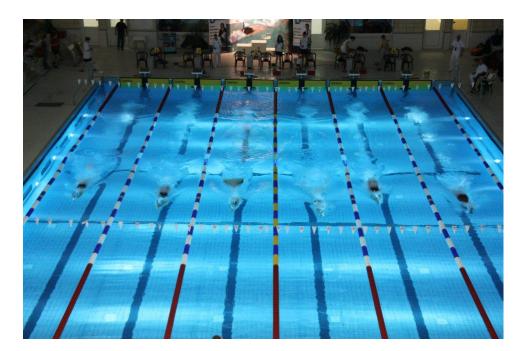
8. Closing ceremony with banquet and party

The closing ceremony and banquet will take place in the marble hall of the swimming pool facility.

The **banquet fee is 20,00 Euro for each participant** including the banquet and one free drink. Let us know if there are any intolerances (lactose, gluten, etc.) and we also ask for the notification of vegetarian participants. For these participants we would take care of an appropriate dish. Please confirm the number of participants till the **01st of November 2025** and transfer the fees separately providing the club name + banquet till the **06th of November 2025**.

9. Miscellaneous

For further questions of interest (competition, hygiene measures, etc.) contact us over: tsc-rostock1957@t-online.de



We are looking forward to welcome you in Rostock.

With best regards

Uwe Etzien Chairmen of TSC Rostock 1957 e.V.